**Inflammatory Polyarthritis**

**Refer to Consultant Rheumatologist**

**Urgent referral within 3 days**

**Management**

Patient education and advice

Medication management including analgesia and steroid (IM, PO) if appropriate

**Investigations:**

FBC, TFT, U&E, LFT, Bone profile, Immunoglobulins and strip, Urate, CRP, ESR, RhF, HLA B27, Anti CCP

Consider X-ray hands and feet of patients with suspected RA and persistent synovitis (NICE guidelines)

Two or more painful, swollen joints; maybe red and/or hot

EMS > 30 minutes

Systemic symptoms including fatigue

Consider differential diagnoses: Inflammatory arthritis, Crystal arthritis, Connective Tissue Disease/Vasculitis, Septic arthritis, Osteoarthritis

Ask about enthesitis, STI, IBD, Uveitis, psoriasis, family history

Rule out

Red flags